

# EMPOWER THYSELF

Healing, Personal Power & Initiation | 2-Day Training | with Dr. Erin Bannink

## Your Source for Empowerment & Advanced Spiritual Training

Divine PowerHouse offers authentic Western Mystery School lineage-based healings, spiritual training, and initiations in the ancient Mystery School lineage of King Salomon dating back over 3000 years.

Join the ranks of other leaders and visionaries who have experienced the benefits of initiation in the ancient Mystery School lineage of King Salomon: Albert Einstein, Nicola Tesla, Leonardo Da Vinci, Rudolf Steiner, and many more people you have heard of who have helped humanity.



## A Spiritual MasterClass for Greater Wellness & Life-Mastery

This newsletter will give you all the details about the Divine PowerHouse Empower Thyself Training and Initiation I offer to provide the essential tools, practices and perspectives you need to build an effective foundation for your healing, growth and life empowerment in ways you have never experienced before. It is much more results-driven than your typical masterclass event and I want you to understand how it could transform your life!

**What sets this apart?** Here we are specifically focusing on spiritual growth, healing and nurturing your Soul. You can think of it like a Spiritual Continuing Education experience for your Soul, backed by the power of an unbroken Mystery School lineage to help you make quantum leaps in your life.

In this world we are taught to value and focus on the physical, mental and emotional. Opportunities to learn how to care for the Soul are rare. The result is that many of us have neglected to nurture our Soul and Spirit, which are the source of our passion for life and our Joy! This causes what I call a “Soul sickness” which cannot be cured through thinking or any kind of medicine.



## Empower Thyself Weekend MasterClass Structure

The Spiritual Masterclass Training is designed to set you up for success in achieving results and transformation. You will learn Ancient Mystery School tools of power to support your continued growth and healing after the course is over so that, as you put what you learn into practice, you will experience greater wellbeing and increased capacity to achieve your goals, overcome obstacles and catalyze your ability to move through life lessons more quickly.

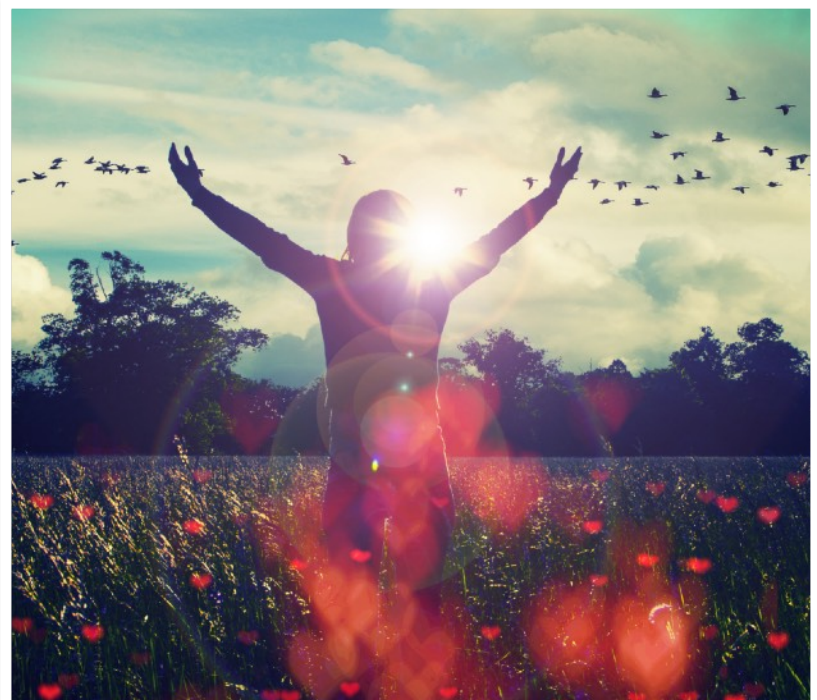
### Before the Weekend MasterClass you will receive ancient Mystery School lineage spiritual and energy healings:

1. Life Activation if you have not already received this (additional fee). If it has been more than 1 year since your Life Activation it is highly recommended you receive another Life Activation before the Empower Thyself Program.
2. Personal Energy Clearing (included with your Registration)

While you will learn very practical tools, this Spiritual Training and Initiation will open the door for you to expand into the spiritual dimensions of life that support you on a completely different level.

Through this thoughtfully curated wellness and empowerment weekend experience you will learn time-tested tools to help you master your life as well as methods to create positive results in personal transformation, cultivate joy, relieve stress, connect with inner peace, develop more self-compassion, increase your energy, and create improved well-being.

As you put what you learn into practice, you will create the conditions to move beyond surviving to authentically thriving.



## The Importance of Healthy Spirituality in Modern Times

In these times physical, emotional and mental stress have reached almost epidemic proportions. One of the common manifestations of disconnect from our Soul and Spirit is anxiety, depression, apathy and loss of passion. Many spiritual traditions have us looking to some guru or external source for answers. It is important to understand you have the answers inside of you.



## Empower Thyself Weekend MasterClass Structure

**You will experience 4 things** to build your wellness resources, empower your transformation and create a life of greater peace and joy:

1. Gentle movement practice to increase your energy
2. Meditation to connect with your inner guidance
3. Classes to learn Mystery School teachings and techniques to enhance your ability to manifest the life of your deepest desires
4. Sacred spiritual initiation in the ancient Mystery School lineage of King Salomon

## Schedule

**Location:** Addison Township, Mi.

**The week prior:** Personal Energy Clearing and Emotional Cord Cutting and brief meeting with Erin

**Saturday & Sunday:** Empower Thyself Training and Initiation

**Saturday:** 9:30am - 7:00pm

**Sunday:** 9:45am - 7:30pm

Healthy spirituality teaches us how to access that information to begin to heal at a deeper level and to connect with passion and meaning in our life. It helps us clarify our mission and purpose.

Understanding this connects us with our true human capacity: to create the life of our dreams.

This calls for a powerful reframe into the ancient origins of the human spirituality traditions, which always taught that our own best teacher is right inside of us and that we are the creators of our own world. The ever growing field of quantum physics says the same thing, validating with metaphysics what the ancient lineage-based mystery school traditions have taught their initiates for millennia.

We need healthy, self-empowering spirituality in order to understand what it means to take responsibility for our own actions in our life, understand the results of the choices we are making and be able to use that knowledge to create powerful and positive change in our own lives.

From there we experience inner peace, and we are then able to be leaders for Peace in the world.

We are all leaders in our own way. This program is for leaders who are interested in becoming agents of positive change in the world by first becoming agents for positive change in their own lives. That is a process. There are clear steps you can walk on a time-tested path of initiation to achieve Self-Mastery and thriving.

♦ **Step 1: service to yourself** - self-care and self-healing - that is what the Empower Thyself Training and Initiation is all about!

♦ **Step 2: service to others** - helping others heal

♦ **Step 3: service to the world** - living a life focused on something bigger than yourself and doing what you can to make the world a better place by your being in it.

We can sometimes get out of order with these steps. For example, if we have not done our own inner healing and care and we are trying to change the world, our foundation isn't strong and it will crumble, so we are constantly rebuilding.

When we do things in an effective order, our capacity to accomplish our dreams is exponentially higher.

## What You Will Receive

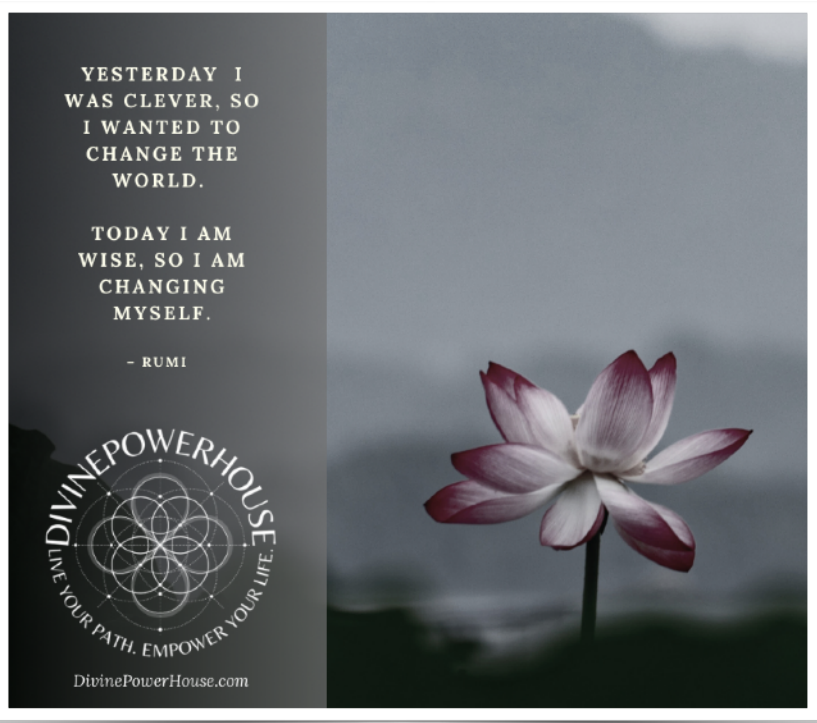
- 1.) A "clarity call" with me prior to finalizing your registration to answer any questions and to make sure this training is what you are looking for.
- 2.) Personal Energy Clearing and Emotional Cord Cutting session the week prior to the Empower Thyself Weekend
- 3.) 2-Day Empower Thyself Training : Saturday and Sunday 10am-7pm (9:30am check in)
- 4.) Sunday evening we conclude our weekend with a Sacred Spiritual Initiation into the lineage of King Salomon and the Brotherhood and Sisterhood of Light that clears some things from your energy field that are not serving you any longer and gives you access to 10 times more Light energy for more power to make positive changes in your life.
- 5.) Special gifts from me at the end of the program to support you as you re-enter life with your new energy and spiritual resources.
- 6.) A follow-up one-on-one session with me within 1-3 weeks of program completion.
- 7.) Lifelong support from Erin on your Path of Initiation and healing as long as you wish.

**Value: over \$2100**

## Initiate Something New for Your Life

Initiation means "to start something". In order to experience yourself and your life differently you must do things differently. That requires reframing and developing a fresh perspective that is effective at helping you be even more successful in your life.

So what are you starting in the Empower Thyself Program? You are starting the process of understanding and eliminating your "shadow side" acting as an obstacle to living the life you want to be living. You are starting a new relationship with yourself that will bring more power and success in achieving your goals. You are beginning a new way of being in the world, informed by a deeper understanding of who you are, which will allow you to live with more peace and energy to do what is important to you.



Initiation is key to making quantum leaps in your growth and healing. The Ancient Mystery Schools have been helping humans in this way for thousands of years, and the Mystery School lineage of King Salomon for well over 3000 years. This Empowerment Weekend brings you the teachings, healings, tools of power and spiritual initiation in the authentic and ancient Western Mystery School lineage to increase the amount of power you have to make positive changes in your life.

## In the 2-Day Empower Thyself Training You Will:

- 1.) **Learn** techniques that will support you in becoming more balanced, grounded and self-aware.
- 2.) **Develop** your connection to your higher self, inner guidance and intuition.
- 3.) **Be empowered** to live life focused on the bigger picture, exercising greater choice and influence over your behavior so that you have a higher capacity to positively impact your life and struggle less with the "small stuff".
- 4.) **Gain** greater connection and protection in the Light.
- 5.) **Access** and flow 10 times more energy in your life!
- 6.) **Understand** how your ego works and how to clean up the influence of your negative ego on your True Self.
- 7.) **Become** more empowered to redefine your identity to be in alignment with who you really are and to shift your life to support your higher desires.
- 8.) **Examine** what it means to be a human, why you were born and how to come into greater alignment with your life purpose.
- 9.) **Catalyze** your progression in life and get energy flowing in areas of your life where it has been stagnating.

Whether you are looking to increase your productivity, improve your level of energy, feel more peaceful amidst the challenges of daily life, let go of limiting beliefs that are acting as obstacles to your ability to live the life you want to be living, alleviate burnout, find a new inspired direction for your life, or heal from past traumas or conditioning that are blocking you from experiencing happiness and joy, this is a Path that has worked for thousands of people, it worked for me, and it can work for you!



I've set up the Empower Thyself Program to be an intimate setting where you will be able to connect with me and your fellow students, share meaningful conversation, build positive relationships and relax in a beautiful and nurturing environment as you experience the benefits of cultivating a new lifestyle through daily practices to assist you in gaining helpful insights about yourself and what you need to Thrive.

### *Content*

Throughout this 2-day retreat-style experience you will learn a new meditation technique that has been passed down to initiates in the Mystery School lineage of King Salomon throughout time, complete the Empower Thyself training and receive a sacred spiritual initiation into the Brotherhood and Sisterhood of Light.

You will also have the opportunity to learn more about other healings I offer to support you, as well as additional classes and trainings that are available should you wish to pursue additional training to deepen your understanding and abilities in the future.

## *How Initiation Works*

You might not be familiar with the concept of initiation. So I'd like to explain that a little here. We will talk much more about it during the Empower Thyself Training.

Initiation is step two after Life Activation. Why? I like to use the analogy of a computer, as we can all relate to how that works on a basic level. If we think of this physical vehicle as a data processing unit, similar to a computer, Life Activation plugs you in. If you aren't plugged in, nothing else you do to the computer system will matter.

Life activation plugs you in to your Higher Self and activates what you could think of as your "divine blueprint" or divinity codes so you can access information from your Higher Self more readily.

You are plugged in after Life Activation but, using the computer analogy, you are still running everything through the same old operating system.

Initiation is different than activation. Initiation is a way to deliver spiritual Light into your physical body. I liken this to an operating systems upgrade. Upgrading the operating system on a computer allows the computer to process information more efficiently, run new programs and hold more information. Similarly, Spiritual Initiation in an authentic and ancient mystery school lineage upgrades your operating system. You are able to hold 10 times the amount of energy (Light), meaning you have 10 times the power and a higher capacity to make positive change in your life.



Challenges will still present themselves to you. But with your systems upgrade you will now have a higher capacity to overcome those obstacles more efficiently if you should choose to do the things necessary for you to maintain the health and functioning of that new energy system and do proper maintenance.

The rituals and meditations you learn in the Empower Thyself training are like those things necessary to maintain efficient operation of this "You 2.0", defrag the signals, and reboot to maintain top performance.

Life Activation is a pre-requisite for Empower Thyself, so you will have received that before Empower Thyself. You receive Empower Thyself initiation at the end of the Empower Thyself Program on Sunday.

Initiation has been an essential experience for every Master that has walked the earth. It is a game changer! And with Empower Thyself you will have a complete protocol to maintain your energy.



## Investment

For this 2-day small group experience, valued at \$2100, you will invest just \$1500 in yourself.

By making yourself a priority, you will empower yourself to commit meaningful time to your well-being, develop effective new habits to support you on a deeper level of spiritual wellness, and master ancient lineage tools of power that have been used by initiates for over 3000 years to create a life of meaning, purpose and joy that that will serve you for the rest of your life whether you choose to pursue further training or not.

I can attest to the power of these practices from my personal experience. It's why I've chosen to dedicate so much of my time to opening the door for others to experience these positive shifts in their own lives and start to become more effective creators and architects of the life of their dreams.

## *What You Will Learn*

### **Sanctuary Meditation**

A fail-safe method to easily and safely expand your consciousness and meet with your Higher Self to receive clear guidance from within.

### **Chi Do**

A simple movement practice to strengthen your energy fields for health, healing and more energy in your day to day life.

### **Six Mystery School Lineage Rituals**

These are easy to do and will help you in your day-to-day life, healing, personal protection and manifestation:

1. The Magick Circle (protection and setting space)
2. The Calling Upon Ritual (manifestation)
3. The Affirmation to Healing (personal healing)
4. The Prayer of Protection (protection and energy clearing)
5. The Qabalistic Cross (protection)
6. The Pattern on the Trestle Board (activation of divine energies)

### **The Western Mystery School Lineage Story of Creation**

You will learn what the ancient lineage teachings say about who we are and what we are doing here. You will learn a new way to conceptualize God and your relationship with the Source of creation in order to achieve your highest human potential and learn to work with divine forces that are here to support you on your human journey. You will learn the Mystery School teachings on what it means to be human, the purpose of life, and how to come into greater alignment with your personal spiritual mission.

### **What is Blocking You in Your Life**

You will learn a way to understand one of the main inner dynamics that blocks you from joy, peace and happiness and how to transcend these obstacles in order to create the life you want to be living and experience greater inner peace.

**...and much more!**

## Enrollment Options

### PAID IN FULL BEFORE 2 WEEKS OF PROGRAM START DATE

Investment: \$1500\*

(Late payment fee add \$250)

#### PAYMENT PLAN:

Deposit: \$900\* to hold your spot

Balance of \$600\* due 2 weeks before class starts.

*(Contact Erin to register.*

*Completion of payment balance is required 2 weeks before class start date to avoid a late fee.)*

#### Contact Erin directly to register

[info@divinepowerhouse.com](mailto:info@divinepowerhouse.com) or text/call 248-706-8292

*\*Cancellation Policy: Payments are non-refundable and non-transferrable. \$250 fee for late payments. If you elect not to participate in the Empower Thyself program after registering, your payment can be transferred to other healings with Erin within 1 year. After 1 year payments are forfeit. In the case of illness your payment will be transferred to the next Empower Thyself Program with Erin.*

## About Divine PowerHouse

Each of us is unique. Each of us has a purpose. Each of us embodies a Divine Power. Each of us has a personalized Path to learning who we truly are and living our highest life. This human vehicle is a Divine PowerHouse. You are a Divine PowerHouse!

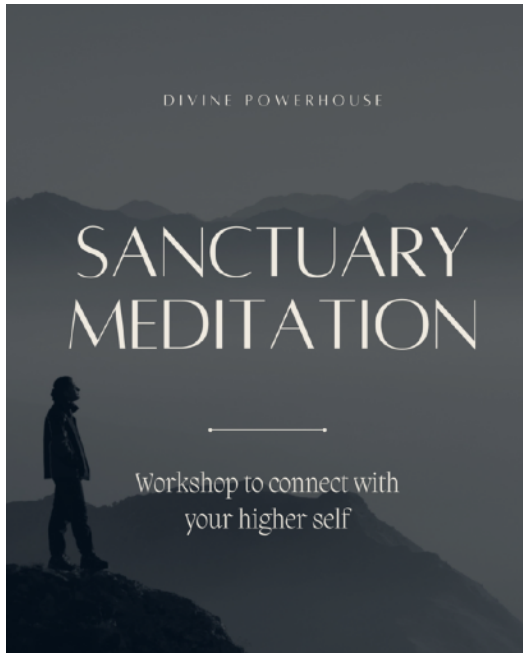
At its heart, Divine PowerHouse is about providing the tools and training you need to get in touch with your personal power. You carry the answers you need right inside you. You have come equipped with everything you need to live a life that expresses your highest potential. It's part of your makeup as a human being. You just need to develop the sensitivity and skill that allows you to access that inner wisdom effectively and accurately.

In Divine PowerHouse you will find healing services, workshops, classes and resources to support you on your journey of Self-discovery and Self-empowerment, with a focus on meditation and Self-mastery techniques in the ancient mystery school lineage of King Salomon brought to you through the mission of the Modern Mystery School.

It is through a path of empowerment, responsibility and Love that you grow into your full expressions and live the life of your dreams!

Are you interested in creating positive connections with others who share a similar interest and passion for spiritual growth and personal transformation; are you open to new ways of thinking about life and the world; do you value the acknowledgement of Spiritual and Soul development as part of a comprehensive path to "whole-self wellness"; are you ready to create new daily habits and commit time every day to your own healing and growth; are you dedicated to treating others with unwavering respect, consideration and kindness in order to create a supportive community for healing, improved well-being and thriving; are you interested in exploring and implementing tools and practices from an authentic ancient mystery school lineage including meditation, ritual, releasing limiting beliefs, and mind-body-spirit integration practices?

I invite you to join me for this life-transforming experience!



### **SANCTUARY MEDITATION:**

Receive clearer, more direct guidance from your Higher Self to illuminate your life's journey. The Sanctuary Meditation is a sacred tool for reliably accessing your very own spiritual sanctuary in order to commune directly with your Higher Self and receive clearer guidance to enhance your life.

Through this training you will have the opportunity to:

- ❖ Establish and cultivate your relationship with your Divine Higher Self.
- ❖ Strengthen your ability to discern and choose your Highest Good.
- ❖ Unlock deep, inner guidance and empowerment to ascend your consciousness.
- ❖ Affirm who you truly are as a Divine, Eternal, Limitless Being of Light!

### **MEET YOUR INSTRUCTOR (About Me)**



Dr. Erin Bannink is a certified Guide, Teacher, Life Activation Practitioner, Magus Hermeticus (3rd step Ritual Master), Kabbalist, and Celtic Shaman in the lineage of King Salomon, Certified by the Modern Mystery School International. In addition to this healing and spiritual mentorship work with people, she works as a board-certified veterinary oncologist specializing in integrative medicine at Oakland Veterinary Referral Services in Michigan, a position she has held since 2007. Erin has a deep experience-informed appreciation for the importance of creating multi-faceted health in all dimensions of our being - body, mind and spirit - in order to achieve authentic well-being and life-satisfaction. She has dedicated her life to helping others access the tools they need to open up to their inner wisdom and higher guidance to live successful lives and create whole-being wellness. She offers authentic Mystery School lineage-based healings and Spiritual Training and mentorship to empower others seeking to improve their well-being and contribute to creating more peace in their lives and in the world while living a fulfilling life.

## ***Core Healings***

### **LIFE ACTIVATION (2 hours) - Additional Fee: Erin (\$300) or Dan Bannink (\$250)**

**This is a Pre-Requisite for participation in this program.**

It is your life and you should live it to its fullest on all levels: body, mind and spirit. This modality is an ancient tool that has the capacity to bring about empowerment and healing while it lights up your aura, heightens your intuition and transforms your entire being. Experience practical results after your session.

- ❖ Recharge and revitalize your physical body
- ❖ Clear out negative thoughts and emotions
- ❖ Amplify your connection to your Higher Self and Spirit Guides
- ❖ Increase your intuition and spiritual gifts
- ❖ Shift your consciousness to make positive changes in your life
- ❖ Use more of your brain power
- ❖ Cleans genetic karmic patterns
- ❖ and so much more!

### **PERSONAL ENERGY CLEARING (30 minutes) - Practitioner: Erin or Dan Bannink**

Experience effective energy clearing techniques from a 3000+ year old Mystery School tradition in the lineage of King Salomon. This "energy clean-up" clears heavy energy, cuts emotional and energetic cords and infuses Light into your field to leave you feeling lighter.

Clear unwanted negative energies, toxic emotional connections, and thought patterns that hold you back and drain joy from your life. Benefits of Energy Clearing can include:

- ❖ Feeling Uplifted & Hopeful
- ❖ Positive, Lighter Vibration
- ❖ Decreased Anxiety, Depression, & Fear
- ❖ Increased Emotional Stability
- ❖ Greater Strength to Stand in Your Power
- ❖ Clean Slate for All Relationships
- ❖ Empowering New Beginnings

***Cancellation Policy:***

Deposits and Registration fees are non-refundable and non-transferrable. If you develop COVID, proof of a positive COVID test is required and your payment will be transferred to secure you a place in the next Empower Thyself Program at no extra fee. If you elect not to pursue Empower Thyself, payments can be transferred to any service Erin offers through Divine PowerHouse for 12 months from the date of the initial Empower Thyself Program for which you were registered. After this 12 months all unused payments are forfeit.

***What is Included in Your Registration:***

Price includes Personal Energy Clearing, light lunches both days, snacks and beverages, a 60 minute clarity consultation prior to finalizing your registration, a 60-minute check-in session prior to the Empower Thyself Program and 60 minute one-on-one check-in session with me within 1-3 weeks of completion of the Empower Thyself Training and Initiation.

Lunch will typically consist of gluten free soup, salad and crackers or chips with dip. Light snacks and tea will be available at breaks.

***Travel***

Detroit Metro airport (DTW) is the main international airport. It is a 60-90 minute drive to the location depending on traffic. Flint airport is a small airport north of us which is about a 45 minute drive. If you are traveling in from out of town, contact me for more details.

There is a CandleWood Suites within a 15 minute drive of the event location, located off Lapeer Road. The address is 4303 Interpark Dr, Auburn Hills, MI 48326.

DIVINEPOWERHOUSE.COM

DR. ERIN BANNINK

# Empower Thyself

You Are a Divine PowerHouse.  
Live Like One.

RESPOND TO YOUR CALLING  
YOUR BEST LIFE IS WAITING FOR YOU